

Sunday

Monday

Tuesday

Wednesday














Thursday

Friday

Saturday

# October 2022

Yom Kippur, Sukkot, Simchat Tora, Columbus Day!

							7:30 Breakfast 10:30 Documentary 11:00 Stretch Class 12:00 Lunch 1:30 <b>Word Games</b> 3:00 Movie 5:00 Dinner						
7:30 Breakfast 9:00 Sunday service TV 11:00 Stretch Class 12:00 Lunch 1:30 <b>Bingo social</b>  3:00 Afternoon Movie 5:00 Dinner	2	7:30 Breakfast 9:30 <b>Jeopardy</b>  11:15 Strength w/Lynn 12:00 Lunch 1:30 <b>The people and stories behind Food favorites</b> 3:00 Afternoon Movie 5:00 Dinner	3	7:30 Breakfast 9:45 <b>Armchair Travel</b>  11:00 <b>Tai-Chi w/ Ken</b> 12:00 Lunch 12:00 Grilled cheese lunch 1:30 Word Games 2:30 Refreshments 3:00 Movie 5:00 Dinner Yom Kippur Begins	4	<b>Happy Birthday Dan</b>  7:30 Breakfast 9:30 <b>Morning Joy w/ Lynn</b> 11:15 Strength w/ Lynn 12:00 Lunch 2:00 <b>Piano w/ Karen T.</b> 2:30 Refreshments 3:00 <b>Scrabble Club</b> 5:00 Dinner	5	7:30 Breakfast 7:30 Breakfast Club 9:45 <b>"The amazing Jane Goodall-Lived with and studied chimpanzees"</b> 11:00 Exercises 12:00 Lunch 1:30 <b>You'd be the judge</b> 02:30 Refreshments 3:00 Afternoon Movie 5:00 Dinner	6	7:30 Breakfast 9:45 <b>"The amazing Jane Goodall-Lived with and studied chimpanzees"</b> 11:15 Balance w/ Lynn 12:00 Lunch 1:30 <b>Fall Foliage Ride w/ Stop at Bartlett</b>  3:15 Cocktail Hour 5:00 Dinner	7	7:30 Breakfast 10:30 Documentary 11:00 Stretch Class 12:00 Lunch 1:15 <b>National Geo Documentary: "Jane"</b> 2:45 <b>Tillie for Cheers</b> 3:00 Movie 5:00 Dinner	8
7:30 Breakfast 9:00 Sunday service TV 11:00 Stretch Class 12:00 Lunch 1:30 <b>Bingo social</b>  3:00 Afternoon Movie 5:00 Dinner Sukkot Begins	9	7:30 Breakfast 10:00 <b>Communion</b> 10:20 Trivia 11:15 Exercises 12:00 Lunch 1:30 <b>Columbus Day History</b> 2:30 Refreshments 3:00 Afternoon Movie 6:00 <b>Live Music w/ Will Losav</b> Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	10	<b>Happy Birthday Gale</b>  7:30 Breakfast 9:45 <b>Armchair Travel</b> 11:00 <b>Tai-Chi w/ Ken</b> 12:00 Lunch 12:00 Grilled cheese lunch 2:00 <b>Jazz w/ Joe DelGallo</b> 2:30 Refreshments 3:00 Movie 5:00 Dinner	11	<b>Happy Birthday Shirley</b>  7:30 Breakfast 9:30 <b>Morning Joy</b> 11:15 Strength w/ Lynn 12:00 Lunch 1:30 Brain Game 2:30 Refreshments 3:00 <b>Scrabble Club</b> 5:00 Dinner	12	7:30 Breakfast 7:30 Breakfast Club 9:45 <b>"First ladies-Bess Truman"</b> 11:00 Exercises 12:00 Lunch 1:30 <b>Visit w/ Otis</b> 02:30 Refreshments 3:00 Afternoon Movie 5:00 Dinner	13	7:30 Breakfast 9:45 <b>What's my line?</b> w/ Mary 11:15 Balance w/ Lynn 12:00 Lunch 1:30 <b>Live w/Robin O'Herin</b>  3:15 Cocktail Hour 5:00 Dinner	14	7:30 Breakfast 10:30 Documentary 11:00 Stretch Class 12:00 Lunch 1:30 <b>Watercolor Art Class</b>  3:00 Movie 5:00 Dinner	15
7:30 Breakfast 9:00 Sunday service TV 11:00 Stretch Class 12:00 Lunch 1:30 <b>Bingo social</b>  3:00 Afternoon Movie 5:00 Dinner	16	7:30 Breakfast 9:30 <b>Wheel of Fortune</b>  11:15 Strength w/Lynn 12:00 Lunch 1:30 <b>Unknown Museums</b> 3:00 Afternoon Movie 5:00 Dinner Simchat Torah Begins	17	7:30 Breakfast 9:45 <b>Armchair Travel</b> 11:00 <b>Tai-Chi w/ Ken</b> 12:00 Lunch 12:00 Grilled cheese lunch 1:30 Word Games 2:30 Refreshments 3:00 <b>S. Congregational Church reunion</b> 5:00 Dinner	18	<b>Happy Birthday Betty</b>  7:30 Breakfast 9:30 <b>Morning Joy</b> 10:30 <b>Visit w/Kiwi</b> 11:15 Strength w/ Lynn 12:00 Lunch 1:15 <b>Violin w/ Charlotte</b> 2:30 Refreshments 3:00 <b>Scrabble Club</b> 5:00 Dinner	19	7:30 Breakfast 7:30 Breakfast Club 9:30 <b>"Norman Rockwell-His life &amp;Nostalgic Art"</b> 11:00 Exercises 12:00 Lunch 1:30 <b>Trip to Norman Rockwell</b> 3:00 Afternoon Movie 5:00 Dinner	20	7:30 Breakfast 9:45 <b>Norman Rockwell-His life &amp;Nostalgic Art</b> 11:15 Balance w/ Lynn 12:00 Lunch 1:30 <b>Pumpkin's decoration</b> 3:00 <b>Shabbat Service</b> 3:45 Cocktail Hour 5:00 Dinner	21	7:30 Breakfast 10:30 Documentary 11:00 Stretch Class 12:00 Lunch 1:30 <b>Documentary on Norman Rockwell</b> 3:00 Movie 5:00 Dinner	22
7:30 Breakfast 9:00 Sunday service TV 11:00 Stretch Class 12:00 Lunch 1:30 <b>Bingo social</b>  3:00 Afternoon Movie 5:00 Dinner	23	7:30 Breakfast 10:00 <b>Communion</b> 10:20 Trivia 11:15 Strength w/Lynn 12:00 Lunch 1:30 <b>Unknown Museums</b> 2:30 Refreshments 3:00 Afternoon Movie Diwali (Hindi)	24	<b>Happy Birthday Pat</b>  7:30 Breakfast 9:45 <b>Tech time w/ Michael</b> 11:00 <b>Tai-Chi w/ Ken</b> 12:00 Lunch 12:00 Grilled cheese lunch 1:30 Word Games 2:30 Refreshments 3:00 Movie 5:00 Dinner	25	7:30 Breakfast 9:30 <b>Morning Joy</b> 11:15 Strength w/ Lynn 11:30 <b>Lunch at Zinc</b> 12:00 Lunch 1:30 Brain Game 2:30 Refreshments 3:00 <b>Scrabble Club</b> 5:00 Dinner	26	7:30 Breakfast 7:30 Breakfast Club 9:30 <b>"The History of Diners &amp; Discussion of Fabulous Diner Fare"</b> 11:00 Exercises 12:00 Lunch 1:30 <b>You'd be the judge</b> 02:30 Refreshments 3:00 Afternoon Movie 5:00 Dinner	27	<b>Happy Birthday Nora</b>  7:30 Breakfast 10:00 <b>Residents' meeting</b> 11:15 Balance w/ Lynn 12:00 Lunch 1:30 <b>Sounds &amp; Movements</b>  3:15 Cocktail Hour 5:00 Dinner	28	7:30 Breakfast 10:30 Documentary 11:00 Stretch Class 12:00 Lunch 1:30 <b>Monthly Birthday celebration</b> 3:00 Movie 5:00 Dinner	29
7:30 Breakfast 9:00 Sunday service TV 11:00 Stretch Class 12:00 Lunch 1:30 <b>Bingo social</b>  3:00 Afternoon Movie 5:00 Dinner	30	7:30 Breakfast 9:30 <b>Halloween History</b> 11:15 Strength w/Lynn 12:00 Lunch 1:30 <b>Halloween party with Live Music w/ Bruce Mandel</b> 3:00 Afternoon Movie 5:00 Dinner Halloween	31	<b>Kimball Farms: Pinehill Assisted Living</b>									
							<b>Happy birthday Dan, Gale, Shirley, Betty, Pat &amp; Nora!</b>  <b>Happy Halloween</b> 