



## The Lifestyle You Deserve is Within Reach

Welcome to Kimball Farms, a not-for-profit retirement community in Lenox, Massachusetts, right in the heart of The Berkshires. Kimball Farms is a Continuing Care Retirement Community (CCRC) offering a continuum of care with a variety of housing options.

Our approach to retirement and health care is as unique as the residents on our beautiful campus. Our independent living community offers a Life Care model for active adults and combines housing, lifestyle and healthcare for a true continuum of care.

We also offer direct-entry into our **Assisted Living community**, with both traditional assisted living and **Life Enrichment memory care**, and our **Nursing Care Center** for those needing skilled nursing or short term rehab.

## Who are we?

Integrity Healthcare is a non-profit, Massachusetts-based organization offering senior housing, skilled nursing, post-acute rehabilitation, memory care, hospice and palliative care.

We are dedicated to helping older adults regain abilities whenever possible, creating a supportive, homelike environment for those needing long-term care. We also provide senior living housing options and a compassionate hospice experience for those with life-limiting illnesses in the communities we serve.

### Berkshire County

- Fairview Commons Nursing & Rehabilitation Center
- Hillcrest Commons Nursing & Rehabilitation Center
- Kimball Farms Life Care Retirement Community
- Kimball Farms Nursing Care Center
- Mt. Greylock Extended Care
- North Adams Commons Nursing & Rehabilitation Center
- Williamstown Commons Nursing & Rehabilitation Center
- HospiceCare in The Berkshires

### Pioneer Valley

- Charlene Manor Extended Care
- Day Brook Village Senior Living
- East Longmeadow Memory Care Assisted Living
- East Longmeadow Skilled Nursing Center
- Linda Manor Assisted Living
- Linda Manor Extended Care
- Pioneer Valley Hospice & Palliative Care

### Northeastern Massachusetts

- Hunt Nursing and Rehabilitation Center
- Pilgrim Rehabilitation and Skilled Nursing Center

### Southern Massachusetts

- Bourne Manor Extended Care
- Hathaway Manor Extended Care
- Windsor Skilled Nursing and Rehabilitation Center

In addition, Integrity Healthcare offers IntegriNurse—providing nursing staff solutions—and IntegriScript is their institutional pharmacy.



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[www.kimballfarms.org](http://www.kimballfarms.org)



*We're Perfecting  
the Art of  
Superior Care*



AN AFFILIATE OF  
INTEGRITY HEALTHCARE

**Proud to be a not-for-profit  
retirement community**

**INDEPENDENT LIVING**



# We're Perfecting the Art of Superior Care

At Kimball Farms, we take a different approach to independent living. By combining housing, lifestyle and health care, our Life Care provides you with state-of-the-art living in the heart of The Berkshires.

## Finding the Right Flavor

Our dining program is as flexible and fulfilling as our meals are delicious and nourishing. Join friends for lunch or dinner in our restaurant, relax with a lighter bite in the Pleasant Pheasant Pub, or get your meal to go.

Together with our Dining and Nutrition Committee, our culinary team works to create seasonal menus featuring locally sourced ingredients whenever possible. From special events to Lobsterfest and Passover Seder, our chefs make mealtime memorable.

## Experience an Active Lifestyle

Whatever your passion may be, we most likely have a group for you to join. If we don't, we'll help you start one. At Kimball Farms we take pride in providing an active lifestyle for seniors. Pursue a favorite hobby, develop lifelong interests, or try your hand at something new. We offer opportunities for cultural, social, physical, and spiritual enrichment.

- Gardening
- Golf
- Theatre
- Book Club
- Osher Lifelong Learning Institute
- Choral Group
- Yoga and Wellness Classes
- Volunteer Opportunities
- Woodworking Shop
- Friendly Friday Happy Hour

## Apartments that Accent Your Life

Enjoy the privacy of your beautiful apartment home decorated to your taste. Choose from one of seven spacious floor plans – studio, one bedroom/one bath, or two bedroom/two bath – and make it your own.

- Full kitchen with refrigerator, range, dishwasher, garbage disposal, microwave and pantry
- Weekly housekeeping and linen service
- Spacious closets, high ceilings
- Choice of paint and carpeting
- Free parking
- Garage space available for a fee and semiannual maintenance fee

## Our Community Offers

- Daily wellness clinic
- Locally grown, seasonal produce
- Groomed hiking trails
- Fitness center
- Putting green
- Resident-run library
- Indoor potting shed
- Country Store
- Daily transportation schedule
- Full-service salon for an additional fee
- Free WiFi
- Pleasant Pheasant Pub & Lounge
- Art Studio

## What is Life Care?

Life Care is a unique, proactive approach to retirement living, combining housing, recreational and social opportunities, and health care. The primary focus is on active, independent living, providing confidence that long-term care needs will be available when needed, for much less than if one entered those settings directly.

Life Care also allows for financial asset protection and preservation while planning for long-term health needs throughout the continuum. A portion of the entrance fee and monthly service fee may even be eligible for tax deductions as a prepaid medical expenses.

## The Best of The Berkshires

Nestled in the heart of Berkshire County, our beautiful 63-acre campus is located just a mile from the center of Lenox, Massachusetts. Take in the beauty of The Berkshires, immerse yourself in the local history, or take in a new theatre show, Kimball Farms is close to many cultural and life enhancing attractions.

## Area Attractions

- Tanglewood
- Shakespeare & Company
- Norman Rockwell Museum
- Berkshire Botanical Gardens
- Barrington Stage
- Berkshire Theatre Festival
- Colonial Theatre
- Many other museums, gardens, historical sites, and outdoor entertainment venues