

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		10:00 Daily Chronicle <b>1</b> 10:30 Sittercise 11:00 Bowling 11:30 <b>Tai-Chi</b> 12:00 Lunch 1:30 Trivia Ball Toss 2:30 Bocce Ball G 2:45 <b>Live w/ Bruce Mandel</b> 3:00 Bites and snacks 3:45 Word games 4:45 Lep Choir 5:00 Dinner 7:00 Movie	2 9:45 Daily chronicle 10:15 Everyday Trivia 10:30 <b>Exercises w/ Lynn</b> 11:00 Boogie Dance 12:00 Lunch 1:30 Bingo 2:15 Bocce ball G 3:00 Bites and snacks SC 3:15 <b>Piano w/ Karen T.</b> 4:00 Trivia 5:00 Dinner 6:30 Sit & Dance 7:00 Movie  Rosh Hashanah Begins	3 9:45 Daily Chronicle 10:30 Stretch it! 11:00 <b>Visit w/ Milo</b> 12:00 Lunch 1:30 <b>Riverbrook Visit</b> 3:15 Bites & Snacks 3:30 Finish the phrases. 4:30 <b>Enrichment Circle w/ Jenice</b> 5:00 Dinner 6:30 Stretch 7:00 Movie	4 10:30 Sittercise 11:00 <b>Daily Chronicle</b> 12:00 Lunch SC 1:30 <b>Fall Foliage ride</b> 3:00 Bites & Snacks 3:30 Reading Corner S,M 4:00 <b>Balance w/ Lynn G</b> 4:30 <b>Poetry Reading</b> 5:00 Dinner SC 6:00 Stretch 7:00 Movie 7:00 Movie	5 10:00 Stretch It ! (G) 11:00 Lep Choir, (S,SE) 12:00 Lunch (SC) 1:30 Bingo (S,M) 2:15 Word Games (M) 3:15 <b>Live w/ Michael Liedig</b> 4:00 Let's Bowl! (G) 4:30 Bocce 5:00 Dinner (SC) 6:30 <b>Discover w/Sarah M</b> 7:30 Movie (M.S.SE)	
		6 9:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Self Expression Scarf dance 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner SC 7:00 Movie M, SE	7 9:45 Sittercise (G) 10:30 Daily Chronicle (S,M) 11:00 <b>Sounds &amp; Movements</b> 11:30 Parachute Ball (G) 12:00 Lunch (SC) 1:30 <b>Chair Dance Yoga</b> 2:00 <b>Communion w/ Carol</b> 3:00 Bites and snacks SC 3:30 Ball Toss G 4:00 Bocce G 5:00 Dinner 6:30 Stretch G 7:00 Movie (M),	8 10:00 Daily Chronicle M 10:30 Sittercise G 11:00 Bowling G 11:30 <b>Tai-Chi</b> 12:00 Lunch 1:30 Trivia Ball Toss 2:30 Bocce Ball G 3:00 <b>Live w/ Doug Schmolze</b> 3:45 Word games M,S 4:45 Lep Choir M,S 5:00 Dinner 7:00 Movie	9 9:45 Daily chronicle M 10:15 Everyday Trivia 10:30 <b>Exercises w/ Lynn</b> 11:00 <b>Forget me not Art Class</b> 12:00 Lunch 1:30 Name that Tune 2:15 Bocce ball G. 3:00 Bites and snacks SC 4:00 Trivia M 5:00 Dinner 6:30 Sit & Dance G 7:00 Movie	10 9:45 Daily Chronicle 10:30 Stretch it! G 10:30 Ring Toss 11:30 <b>This Day in History</b> 12:00 Lunch SC 1:30 <b>Live w/ Christine Bergland/Riverbrook visit</b> 3:00 Bites & snacks SC 3:30 Finish the phrases. 4:30 Bocce Ball 5:00 Dinner 7:00 Movie  Yom Kippur Begins	11 10:30 Sittercise 11:00 <b>Daily Chronicle</b> 12:00 Lunch SC 1:30 <b>Live w/ Andy &amp; Woody</b> 3:00 Snacks 3:30 Reading Corner S,M 4:00 <b>Balance w/ Lynn G</b> 4:30 <b>Poetry reading</b> 5:00 Dinner 6:00 Stretch 7:00 Movie 7:00 Movie (M.S.SE)
		13 9:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Self Expression Scarf dance 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner SC 7:00 Movie M, SE	14 9:45 Sittercise (G) 10:30 Daily Chronicle (S, M) 11:00 Bean Bag Toss 11:30 Parachute Ball (G) 12:00 Lunch 1:30 <b>Chair Dance Yoga</b> 2:00 <b>Live w/ Don &amp; Judy</b> 2:00 <b>Communion w/ Carol</b> 3:00 Bites and snacks 3:30 Ball Toss 4:00 Bocce 5:00 Dinner 6:30 Stretch 7:00 Movie Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)	15 10:00 Daily Chronicle M 10:30 Sittercise G 11:00 Bowling G 11:30 <b>Tai-Chi</b> 12:00 Lunch 1:30 Trivia Ball Toss 2:30 Bocce Ball G 3:00 Bites and snacks SC 3:45 Word games M,S 4:45 Lep Choir M,S 5:00 Dinner 7:00 Movie	16 9:45 Daily chronicle M 10:15 Everyday Trivia 10:30 <b>Exercises w/ Lynn</b> 11:00 Boogie Dance 12:00 Lunch SC 1:30 Bingo 2:00 <b>Yiddish Book Center Trip</b> 3:00 Bites and snacks SC 4:00 Trivia M 5:00 Dinner 6:30 Sit & Dance G 7:00 Movie  Sukkot Begins	17 9:45 Daily Chronicle 10:30 Stretch it! G 10:30 <b>Ring Toss</b> 11:30 <b>This Day in History</b> 12:00 Lunch SC 1:30 <b>Live w/ Joe DeGallo Riverbrook visit</b> 3:00 Bites & snacks SC 3:30 Finish the phrases. 4:30 <b>Enrichment Circle w/ Jenice</b> 5:00 Dinner 7:00	18 <b>Happy Birthday Audley!</b> 10:30 Sittercise 11:00 <b>Daily Chronicle</b> 12:00 Lunch 1:30 Golf 3:00 Bites & Snacks 3:30 Reading Corner S,M 4:00 <b>Balance w/ Lynn G</b> 4:30 <b>Poetry reading</b> 5:00 Dinner 6:00 Stretch 7:00 Movie
		20 9:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Self Expression Scarf dance 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner SC 7:00 Movie M, SE	21 9:45 Sittercise (G) 10:30 <b>Visit w/ Milo</b> 11:00 <b>Sounds &amp; Mvts</b> 11:30 Parachute Ball (G) 12:00 Lunch (SC) 1:30 <b>Meet me at the Clark</b> 1:30 <b>Chair Dance Yoga</b> 2:00 <b>Communion w/ Carol</b> 3:00 Bites and snacks SC 3:30 Ball Toss G 4:00 Bocce G 5:00 Dinner 6:30 Stretch G 7:00 Movie (M),	22 10:00 Daily Chronicle M 10:30 Sittercise G 11:00 Bowling G 11:30 <b>Tai-Chi</b> 12:00 Lunch 1:30 <b>Pumpkins decorations</b> 2:30 Bocce Ball G 3:00 Bites and snacks SC 3:45 Word games M,S 4:45 Lep Choir M,S 5:00 Dinner	23 9:45 Daily chronicle M 10:15 Everyday Trivia 10:30 <b>Exercises w/ Lynn</b> 11:00 <b>Forget me not Art Class</b> 12:00 Lunch 1:30 Bingo 2:15 Bocce ball G. 3:00 Bites and snacks SC 4:00 Trivia M 5:00 Dinner 6:30 Sit & Dance G 7:00 Movie	24 9:45 Daily Chronicle 10:30 Stretch it! G 10:30 Jumbo Tic Tac Toe 11:30 <b>This Day in History</b> 12:00 <b>Lunch at Sloanes</b> 1:30 <b>RiverBrook visit</b> 3:00 Bites & snacks SC 3:30 Finish the phrases. 4:30 Bocce Ball 5:00 Dinner 7:00 Movie  Simchat Torah Begins	25 <b>Happy Birthday Carol!</b> 0:00 Stretch It ! (G) 11:00 Lep Choir, (S,SE) 12:00 Lunch 1:30 Bingo 2:15 Word Games (M) 3:00 Bites and snacks (SC) 4:00 Let's Bowl! (G) 4:30 Bocce 5:00 Dinner (SC) 6:30 <b>Discover w/Sarah M</b> 7:30 Movie (M.S.SE)
		27 9:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Self Expression Scarf dance 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner SC 7:00 Movie M, SE	28 9:45 Sittercise (G) 10:30 Daily Chronicle (S,M) 11:00 <b>Violin w/ Charlotte</b> 11:30 Parachute Ball (G) 12:00 Lunch (SC) 1:30 <b>Chair Dance Yoga</b> 2:00 <b>Communion w/ Carol</b> 3:00 Bites and snacks SC 3:30 Ball Toss G 4:00 Bocce G 5:00 Dinner 6:30 Stretch G 7:00 Movie (M),	29 10:00 Daily Chronicle M 10:30 Sittercise G 11:00 Bowling G 11:30 <b>Tai-Chi</b> 12:00 Lunch 1:30 2:30 Bocce Ball G 3:00 Bites and snacks SC 3:45 Word games M,S 4:45 Lep Choir M,S 5:00 Dinner 7:00 Movie	30 9:45 Daily chronicle M 10:15 Everyday Trivia 10:30 <b>Exercises w/ Lynn</b> 11:00 Boogie Dance 12:00 Lunch SC 1:30 Bingo 2:15 Bocce ball G. 3:00 Bites and snacks SC 4:00 Trivia M 5:00 Dinner 6:30 Sit & Dance G 7:00 Movie	31 9:45 Daily chronicle M 10:15 Everyday Trivia 10:30 <b>Exercises w/ Lynn</b> 11:00 Boogie Dance 12:00 Lunch SC 1:30 <b>Halloween Fashion show</b> 2:00 <b>Pumpkins contest</b> 3:00 Bites and snacks SC 4:00 Trivia M 5:00 Dinner 6:30 Sit & Dance G 7:00 Movie Halloween	<b>Rosh Hashanah</b> <b>Yom Kippur</b> <b>Columbus Day</b> <b>Sukkot</b> <b>Simchat Torah</b> <b>Halloween!</b> 

**Please note:** Activities remain flexible and are subject to change, as needed, to encourage participation and engagement. \* G- Gross Motor S-Social SC-Self Care SE-Sensory M-Memory