

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:45 Daily chronicle 10:15 Trivia 10:30 Exercises w/ Lynn 11:00 Forget me not 12:00 Lunch 1:30 Reminiscing 2:30 Bites & Snacks 3:00 Piano w/ Karen T. 4:00 Trivia 5:00 Dinner 6:30 Stretch 7:30 Movie Yom Kippur Begins	9:45 Daily Chronicle 10:30 Sittercise 11:00 Sing Along 12:00 Lunch 1:30 Sing Along 3:15 Bites & Snacks 3:30 Finish the phrases. 4:30 Bocce ball 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Sittercise 11:00 Daily chronicle 12:00 Lunch 1:30 Bocce 3:00 Bites & Snacks 3:30 Reading Corner 4:00 Balance w/ Lynn 4:30 Poetry Reading 5:00 Dinner 6:00 Stretch 7:00 Movie	10:00 Stretch It! (G) 11:00 Lep Choir, (S,SE) 12:00 Lunch 1:30 Bingo 2:15 Bites & Snacks 3:15 Live w/ Michael L. 4:00 Let's Bowl! (G) 4:30 Bocce 5:00 Dinner 6:30 Discover w/Sarah 7:30 Movie (M.S,SE)
10:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Soccer Toss 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner 7:00 Movie	9:45 Sittercise (G) 10:30 History of Sukkot 11:00 Sounds & Movements 12:00 Lunch 1:30 Yoga w/ Kathleen 2:00 Communion w/ Carol 4:00 Jumbo Dice Roll Game 5:00 Dinner 6:30 Stretch 7:00 Movie Sukkot Begins	9:45 Daily Chronicle 10:30 Sittercise 11:00 Ring Toss 11:30 Tai-Chi w/ Ken 12:00 Lunch 1:30 Trivia Tuesday w/RiverBrook 3:00 Bites and snacks SC 3:45 Word games M,S 4:45 Lep Choir 5:00 Dinner 6:30 Stretch	9:45 Daily chronicle 10:15 Trivia 10:30 Exercises w/ Lynn 11:00 Sing 12:00 Lunch 1:30 Reminiscing 2:00 Golf Wednesday 3:00 Snacks 4:00 Trivia 5:00 Dinner 6:30 Stretch 7:30 Movie	9:45 Daily Chronicle 10:30 Sittercise 11:00 Sing along 12:00 Lunch 1:30 Jazz w/ Joe DelGallo 3:15 Bites & Snacks 3:30 Finish the phrases. 4:30 Bocce ball 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Sittercise 11:00 Daily chronicle 12:00 Lunch 1:30 Fall foliage train Ride 1:30 Bocce 3:00 Bites & Snacks 3:30 Reading Corner 4:00 Balance w/ Lynn 4:30 Poetry Reading 5:00 Dinner 6:00 Stretch 7:00 Movie	10:00 Stretch It! (G) 11:00 Lep Choir, (S,SE) 12:00 Lunch 1:30 Bingo 2:15 Word Games (M) 3:00 Bites and snacks 4:00 Let's Bowl! (G) 4:30 Bocce 5:00 Dinner 6:30 Discover w/Sarah 7:30 Movie (M.S,SE)
10:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Soccer Toss 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner 7:00 Movie	9:45 Sittercise (G) 10:30 Columbus Day History 11:00 Visit w/ Milo 12:00 Lunch 1:00 Yoga w/ Kathleen 2:00 Communion w/ Carol 2:00 Live w/ Don & Judy 4:00 Jumbo Dice Roll Game 5:00 Dinner 6:30 Stretch 7:00 Movie Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	9:45 Daily Chronicle 10:30 History of Simchat Torah 11:00 Visit w/ Milo 11:30 Tai-Chi w/ Ken 12:00 Lunch 1:30 Bocce w/RiverBrook 2:00 Hilltop Orchard Cider tour 3:00 Bites & Snacks 3:00 Snacks 3:45 Word games 4:45 Lep Choir 5:00 Dinner 6:30 Stretch 7:00 Movie Simchat Torah Begins	9:45 Daily chronicle M 10:15 Trivia 10:30 Exercises w/ Lynn 11:00 Forget me not Art Class 12:00 Lunch 1:30 Reminiscing 2:00 Golf Wednesday 3:00 Bites and Snacks 4:00 Trivia 5:00 Dinner 6:30 Stretch 7:30 Movie	9:45 Daily Chronicle 10:30 Sittercise 11:00 Sing along 12:00 Lunch at Bascom Lodge (Mount Greylock) 1:30 Violin w/ Betty 3:15 Bites & Snacks 3:30 Finish the phrases. 4:30 Bocce ball 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Sittercise 11:00 Daily chronicle 12:00 Lunch 1:30 Bocce 2:00 Ioka Farms-Pick up your pumpkins 2:45 Live w/ Robin 3:00 Bites & Snacks 3:30 Balance w/ Lynn 4:30 Poetry Reading 5:00 Dinner 6:00 Stretch 7:00 Movie	Happy birthday Audley! 10:00 Stretch It! (G) 11:00 Lep Choir, (S,SE) 12:00 Lunch 1:30 Bingo 2:30 Word Games 3:00 Audley's party 4:00 Let's Bowl! (G) 4:30 Bocce 5:00 Dinner 6:30 Discover w/Sarah 7:30 Movie (M.S,SE)
10:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Soccer Toss 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner 7:00 Movie	9:45 Sittercise 10:30 Daily Chronicles 11:00 Mind Joggers 12:00 Lunch 2:00 Meet me at the Clark 1:30 Yoga w/ Kathleen 2:00 Communion w/ Carol 2:45 Live w/ Bruce Mandel 4:00 Stephen Poppel Trio, clarinets and Piano 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Daily Chronicle 10:30 Sittercise G 11:00 Ring Toss 11:30 Tai-Chi w/ Ken 12:00 Lunch 1:30 Trivia Tuesday w/ RiverBrook 3:00 Bites and snacks SC 3:45 Word games M,S 4:45 Choir 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Daily chronicle 10:15 Trivia 10:30 Exercises w/ Lynn 10:30 Reiki w/ Stacy 11:00 Sing 12:00 Lunch 1:30 Reminiscing 2:00 Golf Wednesday 3:00 Snacks 4:00 Trivia 5:00 Dinner 6:30 Stretch 7:30 Movie	9:45 Daily Chronicle 10:30 Sittercise 11:00 Sing Along 12:00 Lunch 1:30 Sing Along 3:15 Bites & Snacks 3:30 Finish the phrases. 4:30 Bocce ball 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Sittercise 11:00 Daily chronicle 12:00 Lunch 1:30 Bocce 3:00 Bites & Snacks 3:30 Reading Corner 4:00 Balance w/ Lynn 4:30 Poetry Reading 5:00 Dinner 6:00 Stretch 7:00 Movie	10:00 Stretch It! (G) 11:00 Lep Choir, (S,SE) 12:00 Lunch 1:30 Bingo 2:15 Word Games (M) 3:00 Bites and snacks 4:00 Let's Bowl! (G) 4:30 Bocce 5:00 Dinner 6:30 Discover w/Sarah 7:30 Movie (M.S,SE)
10:00 Sunday Mass (TV) 10:30 Daily chronicle M 11:00 Soccer Toss 11:30 Stretch class G 12:00 Lunch SC 1:15 Sunday's Concert M, SE 3:00 Bites and snacks SC 4:00 Croquet G 5:00 Dinner 7:00 Movie	9:45 Sittercise 10:30 Daily Chronicle 11:00 Mind Joggers 12:00 Lunch 1:30 Yoga w/ Kathleen 2:00 Communion w/ Carol 2:00 Titanic Museum 3:00 Bites and Snacks 4:00 Jumbo Dice Roll Game 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Daily Chronicle 10:30 Sittercise G 11:00 Visit w/ Milo 11:30 Tai-Chi w/ Ken 12:00 Lunch 1:30 Bocce w/ RiverBrook 3:00 Bites & Snacks 3:00 Snacks 3:45 Word games 4:45 Lep Choir 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Daily chronicle M 10:15 Trivia 10:30 Exercises w/ Lynn 11:00 Forget me not 12:00 Lunch 1:30 Pumpkins decoration & contest 2:00 Golf Wednesday 3:00 Bites and Snacks 4:00 Trivia 5:00 Dinner 6:30 Stretch 7:30 Movie	9:45 Daily Chronicle 10:30 Sittercise 11:00 Sing Along 12:00 Lunch 1:30 Sing Along 3:15 Bites & Snacks 3:30 Finish the phrases. 4:30 Bocce ball 5:00 Dinner 6:30 Stretch 7:00 Movie	9:45 Sittercise 11:00 History of Halloween 12:00 Lunch 1:30 Costume contest 2:30 Spooky Snacks 3:00 Live w/ Doug S. 4:00 Balance w/ Lynn 4:30 Poetry Reading 5:00 Dinner 6:00 Stretch 7:00 Movie Halloween	Yom Kippur, Sukkot, Columbus Day, Simchat, Halloween!

Please note: Activities remain flexible and are subject to change, as needed, to encourage participation and engagement. * G- Gross Motor S-Social SC-Self Care SE-Sensory M-Memory.