


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 11:30 Seamstress – Conf Rm 1:30 Resident Association Meeting 3:00 Improv w/Rikke Borge – PH Art Rm 3:00 Seated Exercise	2 8:30-3:30 Pinnacle Store 10:00 Tai Chi w/Ken 10:00 - 12:00 Corner Store 1:00 Art Class 1:15 Yoga w/Kala 1:30p Van – Tour of Lenox Landmarks – Group #1 2:00 Rich Hayes - Aging & End of Life Discussion Grp No Knitting Grp Today 7:00 Movie	3 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 1:00 Art Class 1:30 Strength & Balance 3:00 Seated Strength Class	4 8:30-3:30 Pinnacle Store 10:00 Spanish Conversation 11:15 Poetry Group 1:00 Sculpture Class 1:30 Bridge 2:00 - 4:00 Corner Store 7:00 Eagle’s Band Trombone Ensemble	5 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 1:00 Art Class 3:00 Meditation 4:30p Van to Hevreh	6 9:00 - 12:00 Pinnacle Store 11:00 Charades – Auditorium 3:30 Saturday Social - Pub 7:00 Movie	
7 8:30 Coffee Social - Game Rm Van to Church Services: 9:30 St. Ann’s 10:15 Hope Church 10:15 Trinity 12:15p Van to Mahaiwe for Met Opera – Gabriela Lena Frank’s “Ultimo Sueno de Frida y Diego” 1:45p Van to Barrington Stage Co – Driving Miss Daisy	8 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 11:00 Singing 1:00 French Conversation w/Nene 2:00 Improv w/Rikke Borge – PH Art Rm 3:00 Seated Exercise 7:00 All About Soccer – Alan Rubin	9 8:30-3:30 Pinnacle Store 10:00 Tai Chi w/Ken 10:00 - 12:00 Corner Store 1:00 Art Class 1:15 Yoga w/Kala 1:30p Van – Tour of Lenox Landmarks – Group #2 2:00 Knitting Grp - in 239-241 Hall 7:00 Movie	10 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 11:00 Writers Group w/Ruth Bass – PDR 1:00 Art Class 1:30 Strength & Balance 3:00 Seated Strength Class 7:00 Regie Gibson, Massachusetts Poet Laureate	11 8:30-3:30 Pinnacle Store 10:00 Spanish Conversation 11:00 Regie Gibson – Writing Workshop 11:15 Poetry Group 1:00 Sculpture Class 1:30 Bridge 2:00 - 4:00 Corner Store 7:00 Fred Moyer Jazz Trio	12 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 1:00 Art Class 3:00 Meditation 3:00 Shabbat Service– Pine Hill 5:30p Van to Hevreh	13 9:00 - 12:00 Pinnacle Store 3:30 Saturday Social - Pub 7:00 Movie	
14 8:30 Coffee Social - Game Rm Van to Church Services: 9:30 St. Ann’s 10:15 Hope Church 10:15 Trinity	15 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 11:00 Singing 11:30 Seamstress – Conf Rm 1:00 French Conversation w/Nene 2:00 Improv w/Rikke Borge – PH Art Rm 3:00 Seated Exercise 6:00 Van “Let’s Eat Out” Rare 297 Steakhouse	16 8:30-3:30 Pinnacle Store 10:00 Tai Chi w/Ken 10:00 - 12:00 Corner Store 1:00 Art Class 1:15 Yoga w/Kala 2:00 Rich Hayes - Aging & End of Life Discussion Grp 2:00 Knitting Grp - in 239-241 Hall 7:00 Lost Radio Rounders – Folk Music “America 250”	17 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 1:00 Art Class 1:30 Strength & Balance 3:00 Seated Strength Class  3:30 Stephanie Beling Art Show Opening Conference Room Art Gallery 7:00 Dr. Frances Jones-Sneed presentation on Samuel Harrison	18 8:30-3:30 Pinnacle Store 9:30a Van – Walkway Over the Hudson 10:00 Spanish Conversation 11:15 Poetry Group 1:00 Sculpture Class 1:30 Bridge 2:00 - 4:00 Corner Store	19 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 1:00 Art Class 3:00 Meditation	20 9:00 - 12:00 Pinnacle Store 11:00 Charades – Auditorium 3:30 Saturday Social - Pub 7:00 Movie  Recycling Fair 2:00-3:00 	
21 8:30 Coffee Social - Game Rm Van to Church Services: 9:30 St. Ann’s 10:15 Hope Church 10:15 Trinity 	22 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 11:00 Singing 1:00 French Conversation w/Nene 2:00 Improv w/Rikke Borge – PH Art Rm 3:00 Seated Exercise 7:00 Speaker Series – Steven Ledbetter, Music of 1776	23 8:30-3:30 Pinnacle Store 10:00 Tai Chi w/Ken 10:00 - 12:00 Corner Store 1:00 Art Class 1:15 Yoga w/Kala 2:00 Book Grp w/Sharon – Conf Rm 2:00 Knitting Grp - in 239-241 Hall 6:15p Van to Tanglewood – Kids for Harmony concert 7:00 Movie	24 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 1:00 Art Class 1:30 Strength & Balance 3:00 Seated Strength Class 7:00 Kimball Farms Chorus Concert  3:30-5:00 Art Show Opening Pine Hill Art Room	25 8:30-3:30 Pinnacle Store 10:00 Spanish Conversation 11:15 Poetry Group 1:00 Sculpture Class 1:30 Bridge 2:00 - 4:00 Corner Store 7:00 The Zinks – Corey & Mason Zink Bluegrass County Music Duo	26 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 1:00 Art Class 3:00 Meditation	27 9:00 - 12:00 Pinnacle Store 10:30-3:00 Van Service-For Shopping & Errands – Lenox Area - Call front desk to sign up ext 7600 3:30 Saturday Social - Pub 7:00 Movie	
28 8:30 Coffee Social - Game Rm Van to Church Services: 9:30 St. Ann’s 10:15 Hope Church 10:15 Trinity 1:15p Van to Barrington Stage Co – The Zionists: A Family Storm	29 8:30-3:30 Pinnacle Store 9:00-12:00 Check Cashing 9:00 Strength & Balance 10:00 Strength & Balance 11:00 Singing 1:00 French Conversation w/Nene 2:00 Improv w/Rikke Borge – PH Art Rm 3:00 Seated Exercise	30 8:30-3:30 Pinnacle Store 10:00 Tai Chi w/Ken 10:00 - 12:00 Corner Store 1:15 Yoga w/Kala 2:00 Knitting Grp - in 239-241 Hall 7:00 Movie	