The Kimball Farms Observer

Volume 36, No. 9 | Fear of Falling — Page 9 | November 2026

Driving

How to Stay Safe When to Give Up

By Charles Bonenti
Observer Editor

SOONER OR LATER, those of us at Kimball Farms who still drive will face the decision not to continue. It may be because of failing personal health or the upkeep and expense of an auto, but whatever the reason, it will be a major life change.

Michelle Ellicks, a community outreach coordinator for the Massachusetts Registry of Motor Vehicles, spoke here on September 23 about testing our capabilities, making that decision, and options for transportation after giving up the wheel.

She urged drivers 65 and older to "self-regulate" because reflexes slow with age. While elders tend to have fewer accidents than young drivers, she said injuries tend to be more severe, even fatal. On the plus side, she said, automobile safety features have improved, highway signs and structures are easier to navigate, and wellness programs are available to test driver fitness.



Photo by Stephanie Johnson

Drivers should eliminate distractions to focus on the road.

The information is expanded upon in *Your Health and Driving Safely in Massachusetts,* a booklet

Driving, *continued on page 2*

Showing Gratitude to Kimball Farms Staff

By Pat Flinn
Associate Editor

ABOUT 300 STAFF members work here at Kimball Farms, spread throughout the Walker Street campus (Independent Living, PineHill, Assisted Living, and Life Enrichment Program) and the Nursing Care Center on Sunset Avenue. We residents interact with some staff personnel on a daily basis, but we seldom see those behind the scenes, such as kitchen staff, laundry staff, and the medical staff at Sunset.

All these employees work hard to make our lives easy, worry-free, and as enjoyable as possible. We are blessed to have such a caring staff. Once a

Staff, *continued on page 8*

Driving, *continued from page 1*

published by the RMV, and online at *Mass.gov/RMV*. The booklet also offers advice on reporting a medically impaired driver to authorities.

Ellicks encouraged older drivers to:

- Mentally visualize the route they are taking to anticipate turns, stoplights, and traffic.
- Avoid distractions like cell phones, radios, GPS devices, conversations, and snacking.
- Be aware of the impact medical conditions and medications can have on attention.

Warning signs of unsafe driving include:

- Drifting into or straddling other lanes.
- Missing stop signs and traffic signals.
- Difficulty reading road signs, seeing at night, or staying alert behind the wheel.
- Confusion when driving in traffic or on familiar roads.

Ellicks summarized a number of driver evaluation and training programs offered through health organizations and AAA and AARP. The latter and the American Occupational Therapy Association offer CarFit inspections to gauge how well drivers physically fit their vehicles. The online workshops illustrate how to adjust the seats, steering wheel, seat belt, and head restraints for safer driving.

Berkshire Health Systems, through its Occupational Therapy Office, offers driving assessments upon physician referrals, a spokeswoman said, for those who want to continue driving safely following an injury or illness. Driver evaluations that may result in loss of license, she continued, are conducted by the Mass. RMV.

Kimball resident Irene Goldman-Price signed up for an assessment earlier this year. It consisted of two visits, she explained. The first was with a therapist who assessed her physical abilities such as moving her foot quickly from one pedal to the other and the flexibility of her arms and neck. The second visit



Photo by Charles Bonenti

Michelle Ellicks, a community outreach coordinator for the Massachusetts Registry of Motor Vehicles, spoke at Kimball Farms on September 23.

was driving around Pittsfield with the therapist in the back of the car and an instructor from Dave's Driving School in the passenger seat.

"He had me stopping at stop signs, making turns, and backing up, all the time reminding me of the rules of the road," she said. "He did not have me parallel park, thank goodness."

After an hour, she was asked to find her way back to the starting point, which she did successfully.

"What was most helpful," Irene said, "were the reminders of rules of the road, to concentrate, and to stay focused on driving."

For more information about assessments, talk to your primary care provider or call the Occupational Therapy office at (413) 447-2234.

When residents Jean and Georgeanne Rousseau decided recently to give up their car, they found the Kimball Farms weekday van service to be "excellent" for routine shopping and appointments.

They developed a list of drivers to hire for special short or long trips, and have had some luck with Uber, Georgeanne said, which has become more available in the Berkshires recently.

They developed a list of drivers to hire for special short or long trips.

President's Letter

Big Events Occupy November Agenda

NOVEMBER IS UPON US, with cooler days and perhaps a few snow flurries. It's the month when the Committee on Committees begins to organize all Residents Association committees for the upcoming year. I hope you remembered to turn in your committee selection forms.

At the November 2 Residents Association meeting, we will present the 2027 calendar, a proposed budget, and the Nominating Committee's recommendations for officers. All will be posted in the mail room for the month. Votes will be taken at the December meeting. New officers begin work immediately. New counselors and committee chairs start their responsibilities in January.

Several big events are on the calendar. Election Day, of course, is November 3. You can take the Kimball van to Town Hall to vote if you have not voted by mail. There is no excuse for failing to vote!

On November 11, Mike Paglier and his dining staff will offer a special brunch for veterans. On November 18, the Residents Association will host a newcomers' brunch for all who have arrived within the last six months. It is an opportunity for them to meet with administrators, officers, and counselors and ask questions that have not been quite resolved.

On November 19, the administration and nursing staff will present "Levels of Care," a program about the services provided at PineHill, LEP, and the Kimball Farms Nursing Center. There is much confusion among residents about these programs, and you will be able to ask questions and understand your options.

On November 26, a festive Thanksgiving meal will be provided from noon to 4 p.m. for residents and visiting guests. Turkey and all the trimmings are on the menu, as well as alternative offerings and homemade pies.

As we look forward to celebrating the December holiday season with gift-giving, a holiday fair with invited vendors is planned for November 13, several shopping excursions have been scheduled, and the Corner Store is full of gift ideas.

— Pat Steele, President, Kimball Farms Residents Association

Editor's Desk

Emphasizing Reconnections

NUMBERS OF Kimball residents discover they crossed paths with other residents here long before moving in — even in childhood. It's no surprise, since many lived in or near the Berkshires.

I, for example, was a colleague at *The Berkshire Eagle* of Andy Pincus, who was living here and editing *The Observer* before I moved in and succeeded him. Now, Stephanie and I find ourselves greeting familiar newcomers from Williamstown.

Observer colleague Pat Flinn suggested recently that we emphasize those bonds by offering resident readers a space to share their own past connections. So, we are giving it a try. If interested, send a *brief* item describing your connection — it must be OK with the other party — by email to *KFObserver235@gmail.com* or by a note either in our *Observer* cubby in the mailroom or our office door slot next to Elevator E on the second floor in Lenox.

— Charles Bonenti, Observer Editor

OBSERVER MISSION

The Kimball Farms Observer is written by and for the residents of Kimball Farms. Our mission is to enlighten, connect, and entertain Kimball residents.

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Tough Start on Move to Kimball

By Jean Rousseau
Observer Contributor

MOVING into Kimball Farms is seldom carefree, but Peggy and Tom Wright may head the difficulty list for now. While wrestling furniture at their home in Cooperstown, N.Y., Peggy fell and broke her hip. Fortunately, she also fell into a series of very helpful hands, beginning with her orthopedic surgeon there, who referred her to the orthopedic group at Berkshire Medical Center for continuing care. Peggy gives high marks to them; and to the care staff at the Kimball Farms Nursing Care Center, where she began her resident days; and especially to Jody Manzolini's marketing team, who did everything to assist with moving. All the furniture isn't here yet, but the Wrights feel very much welcomed.



Photo by Lily Wayne

Peggy and Tom Wright

Native Texans, Tom was raised in Vernon, west Texas, while Peggy is a Dallas native. He eventually found his way to Yale and then into investment management with the First National Bank of Dallas. Peggy attended Dallas Community College, now Dallas College. They were introduced by her father, who knew Tom through local politics, and they married in 1967. When the Texas banks became unsettled in the 1970s, Tom took his investment skills to Alliance-Bernstein investor services.

Deciding that they wanted a cooler climate than Dallas's summer heat, they found relief on a Vermont vacation. While there, Peggy decided to explore communities with more amenities and discovered Cooperstown, N.Y. It soon became their summer home, and they settled there full-time in 1986. Peggy opened an antiques business, while Tom started his own investment firm.

Seeking relief from Cooperstown's winters, the couple chose the Isle of Palms, an offshore community of Charleston, S.C. Daughter Callie settled in Cooperstown full-time and is a published writer. Son Stuart gradually took over Tom's business and now conducts it from San Juan, Puerto Rico.

The Wrights decided several years ago to scout out their next move well ahead of time. They chose Kimball Farms, put in their application, and waited. Moving in began in early September.

You have read the rest of the story. Let's wish them good luck from here on.

The Wrights decided several years ago to scout out their next move well ahead of time.

Transplanting from Deep Roots

By Ellen Kanner
Observer Contributor

BERKSHIRE ROOTS run deep for Carl and Chris Curtin. For many years, Carl's father and mother ran Tyringham's combination general store and post office. He said his grandmother told him that she watched the luxurious Heaton Hall hotel being built in Stockbridge in 1904 and was sorry to see it torn down in 1972. His mother, Mary Fisher Curtin, was one of the original residents of Kimball Farms in 1990. By the time Carl married Christine Menin from Pittsfield in 1966, Curtins had been living in the Berkshires for more than 100 years.

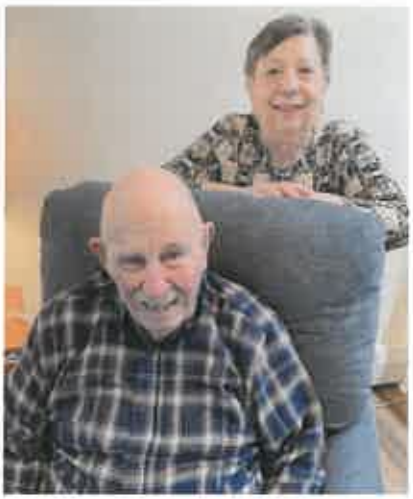


Photo by Charles Bonenti

Carl and Chris Curtin

Carl was born in Tyringham in 1940 and attended a one-room schoolhouse through the fifth grade, graduating from Lee High School in 1957. He earned a degree in forestry from Paul Smith's College in the Adirondacks in 1959. Early in his career, he worked for Kelly Hardwood and then for many years for the Commonwealth of Massachusetts in environmental affairs, retiring as assistant regional supervisor for Western Mass.

Few people these days wind up aging where they grew up.

In the days before tractors were used to haul logs out of the forest, he has vivid memories of piling wood and guiding sleds and horses safely. In time, he became an expert in lumber grading, which he described as "knowing the log and getting the grade right." His career path led him to Pownal, Vt., for his first job in forestry before bringing him back to Lee and then, literally, home to Tyringham.

Chris was born in Pittsfield in 1942, at a time when it was a hub of manufacturing. She graduated from St. Joseph's High School in 1960 and met Carl on a blind date. They were married in 1966 at All Souls' Mission in Pittsfield.

Chris started her career at Berkshire Life after graduating high school and later worked for 25 years as an accounting clerk at Lee Bank, an experience she recalls fondly. In 1980, the couple purchased the general store in Tyringham that Carl's parents had owned since 1939. They converted the first floor into living quarters, while the upstairs became the space that their two children, Christine and Larry, enjoyed "having to themselves," Chris said.

The move worked out well for all. The Tyringham post office moved across the street, and Chris found a job there that required no commute. For 15 years she served as town clerk in the post office.

Over the years, Carl and Chris have enjoyed vacationing in Vermont and at a hunting camp in Maine. They still maintain their home and forest in Tyringham and enjoy spending time with their children, in-laws, and two grown granddaughters, Quinn and Page.

Carl and Chris have an uncommon story. Few people these days wind up aging where they grew up — even fewer where they have more than a hundred years of family history.

For the time being, they are splitting their time between their home in Tyringham and Apt. 145 at Kimball Farms. For Carl, that's a parallel to "selective cutting" in forestry: You need to know what to cut and when.

Moving Just to Stay in Place

By Peggy Braun
Observer Contributor

WE WOULDN'T be at Kimball Farms if we hadn't moved, so everyone has had the experience. Nothing puts your nose up against your acquisitive nature more than moving. It asks that you examine every candlestick, spice jar, and book you once desired. You have to evaluate your clothes, especially the ones you no longer wear and the surprises — clothes which still have price tags on them. At one time we thought they would make us desirable, handsome, or beautiful, so it's hard to send them to the strangers who frequent Goodwill. Have your feet grown? Some of my shoes now fit like Cinderella's slippers (I could wear them only if I sliced off my toes). Then there are the books I bought at the library book sale and was sure I would read — 10 years ago — and they still lie there unread.

When I was little, we often went to cafeterias and my mother would say, "Your eyes are bigger than your stomach." She was right, but it wasn't so much about food as about things—all those things that I imagined would make my life better in some way. When I got them home, however, they were, after all, just things. Once they became real and I lived with them every day, they rarely changed my life a whit. They just took up space, making it harder to figure out where to put the next "magical" thing.

Moving feels to me like an analogy to a Passion Play (I hope this doesn't offend anyone), but my cross holds pots and pans, scarves, holiday decorations, and Mayan figurines. The latter felt so precious at the time that I lugged them from buses to trains to planes for weeks, just to settle them in their new American home. Placed carefully on the bookshelf to be newly appreciated, they tumbled months later into the void of habituation.

Now here I am and here you are. I haven't used any of my pots and pans for two years. My books are all shouting, "Read me! Read me!" Sorry, I'm busy with reading a Louise Penny mystery; I'll get around to you eventually.

When I moved here, I had been a photographer and printmaker, so my shelves are full of inks and brayers and paints. Now it has become a case of mistaken identity. I haven't taken a single picture or printed a single print. My bedroom shelves are laden, though, with evidence of that person I used to know, but who no longer exists. I didn't decide to give it up; she just walked off and didn't even wave good-bye.

So I need to make more decisions about what to jettison and where it should go. My psyche can't answer any of these questions, so I will return to my Louise Penny while my possessions close their eyes in despair, feeling neglected, unseen, and uncared for. I will pause for a moment and tell them, "I want to see you and use you, but there are so many of you that it's overwhelming and I have to ignore you to survive. I deeply apologize."

Moving feels to me like an analogy to a Passion Play.

I am hoping for a miracle of energy and insight that will allow me to magically know what stays and what goes and, of course, where it will stay and where it will go. But so far, I stare at them and they stare back at me. I have read all the Louise Penny books. Maybe a new TV series will do the trick. I need to be saved from myself.

Levels of Care to Be Explained

By Linda Griffin
Observer Contributor

REMEMBER to mark your calendar for this program, clarifying the four levels of "Life Care" at Kimball Farms, on Thursday, November 19, at 10 a.m. in the auditorium. Intended for residents, this event is a terrific opportunity to ask questions and learn about the services available to the residents on each level: independent, assisted, memory, and nursing. Come refresh your knowledge about what life care is, and to ask questions of Kimball experts from all four levels.

Jody Manzolini, director of marketing, will open the presentation. Other speakers will include Bill Kittler, executive director and former director of the nursing care center; Melody Black, RN, director of health services; Chris-Ellen Furey, LPN, community care nurse; Jenna Bertolozzi, LPN, program director of the Life Enrichment Program; and Jackie Tripicco, LCSW, community social worker.

No pre-registration is required.



Photos by Charles Bonenti



Signs of Autumn

Raking leaves, clearing branches, and cutting lawns kept the grounds crew busy on autumn days, while a bright foliage and pumpkin display welcomed visitors in the main foyer.

Another Berkshire Trail to Try

By Chris Magee
Observer Contributor

ALTHOUGH I have lived in the Berkshires for more than 25 years — 24 on Yukon Ridge with a Richmond address but a Lenox voting location — and have been a dedicated hiker/walker the whole time, Nancy King's article in the October *Observer* managed to bring to my attention several wonderful new-to-me trails. This may be because I used to hike/walk longer distances and preferred steep hills that I can no longer handle (segments of the Appalachian Trail using two cars was a favorite).

In any event, I enjoyed the Canoe Meadows walk and will return there again. My biggest delight was the trail off Route 41, and I will return with a partner to leave a car so we can do the entire length.

In an attempt to reciprocate for Nancy's advice by suggesting a walk to try, it would be my current (previous) favorite on East Road in Richmond. I park near a bench located where East Road intersects with Sleepy Hollow Road, walk to a second bench at the intersection with Reservoir Road (both installed by the Richmond Land Trust, of which I was president for a while), then return. The total distance round trip is less than 2.5 miles and the hill is not very formidable. The views at both benches and along the gravel road are spectacular. Although it is a road, there are many walkers and the drivers are careful (it is the road I lived on) so problems are minimal.

Staff, *continued from page 1*

year we get a chance to say a heartfelt "thank you!" to all of them. That thanks takes the form of monetary gifts, distributed in early December, when the residents host a special event for the staff and their families.

This year, the Staff Appreciation Committee has set a goal to raise $230,000 for the Staff Appreciation Fund. Each resident has been asked to consider a contribution of $1,500 per person. That works out to only $4.11 a day! The committee emphasizes that contributions are wholly voluntary. It is suggested that new residents prorate their contribution ($125 per month) according to the number of months they have been at Kimball.

A second committee goal is 100 percent resident participation, an equally important part of the process. It is the true indicator of the level of resident support for the staff, and while residents are urged to give as generously as they can, every gift, large or small, matters.

The monies donated will be combined with monies from two other sources: (1) late donations held over from the previous year, and (2) $5,000 from the Cox Fund. (In 2019, Kimball resident Claire Cox Lowenthal left a bequest to be given out in $5,000 annual increments until the monies are depleted.)

Each resident has been asked to consider a contribution of $1,500.

All employees of Kimball Farms are eligible to receive these gifts, with the exception of the six Kimball directors whose pictures are displayed in the connector corridor near the front reception desk. They are the executive director and the directors of marketing, resident services, environmental services, health services, and food services.

After the solicitation closes, the Staff Appreciation Committee forwards the combined fund dollar figure and an appropriate number of signed blank checks to Michelle Rosier, director of resident services. The *hours worked for the year are calculated for each staff person*, then added together for an all-staff total, then divided into the combined fund amount to determine an *hourly rate*. That rate is then applied equitably, across the board, to calculate each staff person's gift: *their hours worked for the year times the hourly rate*. The checks are filled out and put in envelopes for distribution.

At the October Residents Association meeting, Michelle pointed out that the checks are no-tax gift monies for the staff. They are generated from resident donations, not from taxable Kimball payroll.

Both resident donations and staff gifts are confidential. The staff does not know what a resident contributed, and residents do not know how much a staff person received.

Donations must be made **before Friday, November 20, 2026.** Checks should be made payable to **The Staff Appreciation Fund**, and placed in Tad Evans's mailroom cubby #105 or in the reception box at the PineHill reception area.



Photo by Lily Wayne

Last year's Staff Appreciation Party in the auditorium drew these PineHill resident assistants to the refreshment table. They are, from left, Maribel Barahona, Juana Valqui, Lupe Amaya, and Rosa Valasquez.

Falling and Fear of Falling

By Stephanie Beling, MD
Observer Columnist

SPRING AND FALL are the two seasons whose names are action words. Both express movement but in opposite directions. In spring, there is a sense of renewed energy as buds and leaves burst open. In fall, leaves drop, temperatures decrease, and nature begins its slow descent toward winter. These opposite movements give us a handy way to remember the twice-yearly clock change to and from Daylight Saving Time: "spring forward, fall back." For us, falling is mostly *down,* with dire consequences. And that brings me to a subject that deserves our attention: falling, and the fear of falling.

Fatal falls and falls resulting in severe injury are on the rise. In the last decade the rate of falls has increased by 31 percent. The Centers for Disease Control reports that about 25 percent of older adults have at least one fall per year, resulting in nearly three million visits to emergency rooms. Twenty-five percent of these result in broken bones and/or traumatic head injury. Depending on age and previous condition, up to 60 percent of people who sustain a hip fracture die within a year. Injuries from falls, if not fatal, are almost always life-changing.

Falls have many causes, but common denominators are weak muscles and wobbly balance. Add in tripping, medications, alcohol, dehydration, cardiac issues, vision problems, or cognitive impairment, and you have a prescription for a fall. The medications most often implicated are pain relievers, sleep aids, and those that lower blood pressure.

Exercise and weight training to strengthen muscles and improve balance are essential in preventing falls. A review of the safety risks in your home can result in aids such as grab bars, night lights, and non-skid rugs. A more thorough review of your physical condition and lifestyle by a physical therapist and/or an occupational therapist can spot risks and help to individualize your own fall-prevention program.

If you've been lucky enough to have fallen without significant injury, you may be left with a fear of falling that negatively impacts your daily activities. I live with a large, strong dog that needs daily exercise, and I have tripped over roots and rocks in the woods. Sometimes I miss a step up or down on a curb. I am now convinced that my path to safety lies in *paying attention* — to my feet, to my surroundings, and to my dog. *Mindfulness* as in all else is critical in fall prevention. For me and many others, the number one rule is "do not rush."

NOTE: Apartment safety checks for trip hazards like scatter rugs, poor lighting, and electrical cords can be booked through PTA Lynn Lak at 7186 or Community Care Nurse Chris Furey, LPN, at 7035.

AFTER a serious fall injured another close friend, I wrote the following poem. It is intended to enlighten, not frighten.

Falling like dominos,
my friends,
In the garden, in the driveway
in the bedroom,
down the stairs…
Wherever, and whether or not
they can get up, or not get up,
the end result is one (or more)
of the following:
Pain, surgery, weakness,
rehabilitation, death.
So, my friends, some rules:
Never rush.
Look first, then move.
Always hold on, whether going
Up or down.
Hold someone's hand on
Uneven terrain.
Sit for a minute after
waking to go to the
bathroom in the dark.
Stay safe.

The last thing any of us want to be is a statistic. Let's leave falling to the leaves.

Talking About Crime and Consequences

By Mary Misch
Observer Columnist

GERALD ELIAS, a noted violinist and conductor, has already combined his musical knowledge with amateur detecting in a series of mystery novels. Changing sleuths, he now presents a lead character who is a retired police chief from New York City. The new book, containing 16 short stories, is titled *MURDER ON VACATION: Stories from the Case Files of Maury Gross, NYPD (Ret.).*



In his foreword, Elias describes this book as "a collection of lighthearted crime fiction." He presents Maury Gross as "ethical, honest, thoughtful, and considerate even of the perpetrators of the crimes that he solves." Indeed, a recurring feature of these stories is Maury's summing up, for the killers, the consequences of their crimes. Another feature is Maury's deep appreciation of most kinds of food.

Elias describes this book as "a collection of lighthearted crime fiction."

Each case file the retired chief keeps writing, out of long habit, now includes his description of a vacation site he visits with "the wife," the highly observant Bobbi. The title story, "Murder on Vacation," opens on the California coast with excursions to vineyards. The death of a winemaker leads Maury to assist local police. Bobbi puts clues together in a way that solves things for Maury, if not totally clear to readers.

A story called "Ticked Off" gives the author, who spends summers in the Berkshires, a chance to feature Sheffield and Great Barrington in a mostly realistic way. Newcomers to our area should be informed that a tale of surgery gone amok in a local hospital is pure fantasy.

At a Utah ski resort, where Maury and Bobbi have booked a free visit with pressure to buy in, Maury investigates two missing men. One, a resort owner, turns up frozen solid. The other, a ski patrolman, has left few tracks. Finding clues in a Poe story, Maury provides the patrolman's mother with a bittersweet solution. As the story is titled, "It's All Downhill."

The mystery of "Goodbye, Dolly" starts in San Francisco and is solved on Maury's home turf. It concerns a writer of mysteries who was apparently frightened to death. Looking for clues at a branch of the New York Public Library, Maury notes wryly, "The mystery selection was one of the library's biggest, eclipsed only by cookbooks, travel, and self-help." A visit to another mystery writer ends with a stern warning from the retired cop.

Our library has a signed copy of this book, donated by the author. Our mystery selection is also one of our biggest.

To Visit Kimball Archives

Recent copies of The Observer *are in a ring binder on a desk in the Kershaw Parlor adjoining the library along with volumes of resident directories.* Observer *editions, dating back to 1992 and beyond, are stored in* The Observer *office next to Elevator E on the second floor in Lenox. Residents Association minutes and other archival records, including biographical records of past residents, are also stored in the office. Please call 7179 to schedule an appointment for research help.*

November Events

Monday, November 2 • 7 pm
Speaker Series, Auditorium

Wednesday, November 4 • 7 pm
Libro Azul, Latin Music Band, Auditorium

Monday, November 9 to
Friday, November 13
Goodwill Collection, Pinehill Art Room

Tuesday, November 10 • 11 am
Writers Group w/ Carl Vigeland
Private Dining Room

Tuesday, November 10 • 4 pm
Understanding the Results of the Midterm Elections
Marc Lendler, Auditorium

Wednesday, November 11 • 9 am
Veterans Day Breakfast for Kimball Farms Veterans
Dining Room

Wednesday, November 11 • 7 pm
Lost Radio Rounders
Veterans Day Musical Program, Auditorium

Thursday, November 12 • 7 pm
A Celebration of Irving Berlin
Harvey Granat w/ Rob Kelly, pianist
Auditorium

Friday, November 13 • 11 am – 2 pm
Holiday Arts & Crafts Fair

Monday, November 16 • 7 pm
Francesca Anderegg, violin
w/ Randall Hodgkinson, pianist
Auditorium

Tuesday, November 17 • 4:15 pm
Intergenerational Book Group
Conference Room

Thursday, November 19 • 7 pm
Cantus Trio, Auditorium

Friday, November 20 • 4 pm
Charles Bonenti
Book Signing, Auditorium

November Trips

Friday, November 6 **Bus at 6:15 pm**
High Lawn Farm

Tuesday, November 10 **Bus at 10 am**
The Clark Art Institute

Wednesday, November 18 *(Tentative)*
"Let's Eat Out" **Bus at 4:45 pm**
Zio Ruberto



Photo by Stephen Ledbetter

Mary Lee Ledbetter was treated to a glider ride on October 18 as a belated birthday gift from her son. Story to be in December issue.

Birthday Wishes

Twenty residents celebrate birthdays in November. There is an 18-year spread between the youngest and oldest celebrants.

November birthdays belong to: Joyce Coffey, Marjorie Laufer, Gilbert Schrank, Patricia Steele, Betsy McKearnan, Walter Creer, Elske Smith, Judy Stelling, Barbara France, Thomas Kadin, Brian Lowery, Marilé Lynch, Ellen Kanner, Cecele Kraus, Karen Carmean, Lois Neumann, Rose Pocock, Edith Root, Betsy Selkowitz and Nancy Goldberg.

In Memoriam

Sheila Smith
August 1, 1930 to September 2, 2026

Pat Carlson
January 22, 1939 to October 12, 2026

Observer Spotlight

Photos by
Charles Bonenti



Biennial Berkshire Coaching Weekend drew Kimball residents, top, from left, Pat Flinn, Jeanette Liemer, Enid Michelman, and Peggy and Tom Wright to The Mount on October 11 to view the parade of carriages and drivers in Gilded Age attire. John Stallard, with mic, assistant director of the Carriage Association of America, officiated.











From left, resident Nancy King hooks her bike to tailgate rack before leaving for a Hudson Valley trail ride. A CVS Pharmacy technician prepares a Covid vaccine injection for a resident at October 8 clinic. Resident Felicity McClenachan walks her dog, Ollie, on a sunny October Sunday.





